

Union and American.

Reading Matter on Each Page.

ARRIVAL AND DEPARTURE OF THE TRAINS.

Louisville and Nashville Railroad.	
Leaves Nashville at	6:30 A.M.
Arrives at Louisville	10:30 P.M.
Leaves Louisville at	6:30 A.M.
Arrives at Nashville	10:30 P.M.

Memphis and Nashville Railroad.	
Leaves Nashville at	6:30 A.M.
Arrives at Memphis	10:30 P.M.
Leaves Memphis at	6:30 A.M.
Arrives at Nashville	10:30 P.M.

Nashville and Chattanooga Railroad.	
Leaves Nashville at	6:30 A.M.
Arrives at Chattanooga	10:30 P.M.
Leaves Chattanooga at	6:30 A.M.
Arrives at Nashville	10:30 P.M.

Columbia Accommodation.	
Leaves Nashville at	6:30 A.M.
Arrives at Columbia	10:30 P.M.
Leaves Columbia at	6:30 A.M.
Arrives at Nashville	10:30 P.M.

Nashville and Decatur Railroad.	
Leaves Nashville at	6:30 A.M.
Arrives at Decatur	10:30 P.M.
Leaves Decatur at	6:30 A.M.
Arrives at Nashville	10:30 P.M.

Waco and Waco.	
Leaves Nashville at	6:30 A.M.
Arrives at Waco	10:30 P.M.
Leaves Waco at	6:30 A.M.
Arrives at Nashville	10:30 P.M.

Much waste often occurs in the boiling of meat. The cook will throw out the water without cooling it to save the fat, or scrape the dripping pan into the sink. It can be burned in lamps, mixed with lard, or when no pork has been boiled with it, made into candles. Bits of meat are thrown out which would make hash. The flour is sifted in a wasteful manner, or the bread pan left with the dough sticking to it. Piecrust is laid by some instead of making a few lumps for pies. Cold pudding is considered good for nothing when often times it might be steamed for the next day. Vegetables are thrown away which would warm for breakfast nicely. Dishcloths are thrown where mice can destroy them. Soap is left in water to dissolve. If lard, butter, or cream is left, it is used, much is wasted uselessly.

Scrub-brush is left in the water, pails parched by the fire, and the water is allowed to dry and fall apart, chamber pails allowed to rust, tin not dried, and iron ware rusty; nice knives used for cooking in the kitchen, silver spoons used to scrape kettles, or forks to toast bread. Cream is allowed to mould and spoil, mustard to dry in the pot, and vinegar to corrode in the bottle; tea, roasted coffee, pepper and spices to stand open and lose their strength. The molasses jug loses its cork, and the flies take possession. Sweetmeats are opened and forgotten. Vinegar is drawn in a basin, and allowed to stand till both basin and vinegar are spoiled. Patties in the cellar grow, and the spoils are now decayed until they become worthless. Apples decay for want of looking over. Pork spouts for want of salt, and beef because the brine was scalding. Hams become tainted or filled with vermin for want of the right protection. Dried beef becomes hard, it cannot be cut; cheese moulds, and is eaten by mice. Bones are burned that would make soap; ashes are thrown out carelessly, endangering the premises, and being wasted.

Servants leave a light burning in the kitchen when they are all out of an evening. Clothes are whipped to pieces in the wash, fine cambrics rubbed on the board, and lace torn in staining. Carpets are worn with stumps hardly fit to scrub the kitchen, and good new brooms used for scrubbing. Towels are used in place of holders, and in the house. Table linen is thrown carelessly down, and eaten by mice, or put away damp and is mildewed, or the fruit stains are forgotten and the stains washed in. Dishcloths and napkins are used as dish-wipers, made forgotten to be under hot dishes; towels used by the stove, washed in the pail, and then used to wipe the face, and the china used to feed cats and dogs on. In many other ways we waste, and the experienced housekeeper will waste her husband's wages while she thinks, because she buys no fine clothes and cooks plainly, that she is a thrifty and economical housekeeper. —Herald's Household Hints.

LABOR AT THE SOUTH.—No apprehension need be felt by the people of the North that the Southern planters will make an effort to introduce into this section a system of Coolie labor. A fair and impartial trial of the freedmen's contract system will be given, and should that be found to be impracticable, the next step will be to offer such inducements to emigrants as will amply secure their services. It is simply an act of foolishness to suppose that the Northern districts to urge Southern to employ the freedmen, and put them to work at once. Not a single freedman in the State or the South who is able to work need be without employment a single day. From the very moment the contract system is inaugurated the planters expressed a willingness to give it a fair trial. If the result, so far, as the number of contracts made is concerned, is not favorable as many had anticipated, the fault does not attach to the planters. We must admit, however, the signs for securing a fair yield of cotton in the future are far more encouraging than they were a few months ago. The freedmen are gradually opening their eyes to the fact of their dependence for subsistence on the efforts of their own labor, and in many districts they are coming forward with a commendable degree of promptness to offer their services. The signs of the year we shall be able to form an estimate of the value of this system of labor.

As yet the number of white emigrants that have settled in South Carolina appears to be quite limited. In fact we are not impressed that any of the States South of Virginia have been visited by a considerable number of this class of population. It is to be hoped, however, that we may, in course of time, have a sufficient number of emigrants in our State to fully test the system of white labor. —Charlotte News.

THE IMPORTANCE OF FRESH AIR IN BED-ROOMS.—We have recently given to our readers from the Boston, New York and Chicago papers reports of three cases of suffocation by coal gas. One of these was by stopping up a chimney flue; but the other two were caused by ignorance of the dangerous nature of the part of the poor sufferer themselves. People who sleep in rooms where coal fires are burning often in the morning find their heads burning, and their eyes sore, and their throats inflamed, and in some cases death or terrible illness is the consequence. These accidents, says the Philadelphia Ledger, would not be so deadly in their effects, but for the fact that, in nearly all fatal cases from coal gas poisoning, the sufferer is found in bed, and the cause of the trouble is not detected until it is too late to do any good. The gas is so deadly in its effects, but for the fact that, in nearly all fatal cases from coal gas poisoning, the sufferer is found in bed, and the cause of the trouble is not detected until it is too late to do any good.

THE AMERICAN COLONY IN MEXICO.—Don Emilio Lengua has arrived in the city of Cordova, which place he left on the 10th inst. He comes, however, on business connected with the colony, and is not a member of the American colony near Cordova. The colony was all well and in fine spirits when he left. They were about to be strengthened by the addition of the Americans who have been living near San Luis Potosi, and who, to the number of about twenty families, left that city on the 27th of December for Cordova, with their herds and other property. —N. Y. News, Jan. 24.

DR. M. C. BROWN, a cousin of Mr. Russell, the noted correspondent of the London Times, for many years a resident of Jackson, Mississippi, died very suddenly in that city on Sunday last.

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treated in the DAILY, and a large advertising list

showing the general business of this and other

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John Bull, Soda, Mergol and Herby Sausage;

St. Louis, Chow Chow and Imperial Pickles;

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